



Hello – Jan, Jerry and I are very excited about our new Reiki practice. If you've already experienced Reiki you know how wonderful it can be. If you haven't yet experienced it, you are in for a treat.

Let me start by telling you about some of my experiences:

The first time I had Reiki I think it probably saved my life. It released some deep down tension that I had been experiencing for a long time. Without that release I believe I would have had a stroke or heart attack or some other stress related disorder.

Once my daughter had a very bad cold and we were sure she wouldn't be able to go to work the next day. I gave her Reiki and she fell asleep. I let myself out of the apartment and went home. The next morning I called to see how she was and she had gone to work!!

I am susceptible to ear infections and I can make my earaches go away by giving myself Reiki.

After my son-in-law's mother died he became very depressed. He is from Sierra Leone in Africa and his own son was in his mother's care. There had been a terrible civil war in that country and he hadn't been able to reach his family for some time. Shortly after he had gotten news from his family his mother became ill and died. His family asked him not to come to the funeral because that would draw attention to them. His sadness grew to the point where he was unable to function. He hadn't gone to work for several weeks when I gave him Reiki. He then got up, gave me a hug, and went to work.

My niece had been in a terrible car accident and was having very painful headaches. We were at my mother's house and although I didn't feel like giving her Reiki I did because she was in so much pain. The next day her parents took her to the hospital to find out what was causing the headaches. They discovered she had a "brain bleed" and that it was healing itself.

For people that feel uncomfortable being touched, Reiki can be transmitted through the aura. My granddaughter had a painful rash and was afraid to let me touch her. I held my hands above her body and the pain was relieved.

We invite you to come to us for this wonderful, peaceful and calming experience. We also encourage you to use the coupon below for your first session.

Many Blessings,
Elfriede

*TAKE TIME TO WORK – IT IS THE PRICE OF SUCCESS.
TAKE TIME TO MEDITATE – IT IS THE SOURCE OF POWER.
TAKE TIME TO PLAY – IT IS THE SECRET OF PERPETUAL YOUTH.
TAKE TIME TO READ IT IS THE WAY TO KNOWLEDGE.
TAKE TIME TO BE FRIENDLY – IT IS THE ROAD TO HAPPINESS.
TAKE TIME TO LAUGH – IT IS THE MUSIC OF THE SOUL.
TAKE TIME TO LOVE AND BE LOVED – IT IS THE PATH TO JOY AND
CONTENTMENT*

(Advice adapted from an old Irish Prayer)

SAVE \$10

**Present this coupon and receive \$10 off your first
Reiki session with Pure Reiki**

Offer Expires December 31, 2006